

Instructions

Observation of clinical encounters consists of:

- observing a Dietitian during a period of clinical practice
- A period after the observation for the dietitian and supervisor to discuss the review and reflect on the observed practice (debrief)

The Board expects the **first 3 patient consultations** will be observed by the supervisor. The review can take place on either a new assessment during a first contact, or on a follow up consultation with a patient/client who has previously received dietetic intervention. These consultations will take place during the induction period. The newly registered dietitian should feel comfortable seeking support and information from the supervisor during the consultations if needed.

Employers and supervisors are not expected to select a certain ‘type’ of patient for clinical observations. Nor is the patient expected to experience a different length or style of encounter just to meet the demands of this form. Supervisors are asked to use their best judgement regarding what would normally be expected in a clinical interaction of a particular patient and record on this form how well the supervisee meets those expectations and is practising safely.

The supervisor is asked to assess a number of different criteria. For each of these criteria, the supervisor makes an assessment of performance using the following guide:

- Meets expectations
- No opportunity to observe
- Discussion required
- Not applicable to this situation

Please complete all sections of the form – you can circle or underline ratings as convenient. You are welcome to complete the form on paper or electronically. Prompts have been included to help structure the process. The form should be completed during or after the de-briefing and signed off by both parties after the discussion is completed. Please also include comments to support the rating and note any suggested areas for improvement.

All three *Supervisor Observation* forms are to be submitted along with the Supervision Report at the end of the first 3 months of employment to dietitians@dietitiansboard.org.nz.

Dietitians Board
 Te Mana Mātanga Mātai Kai

Date						
Supervisee						
Supervisor						
Setting	Inpatient	Community	Clinic	Primary care	Residential care	Other

Communication	
Greets client/patient and others present, introduces self (name and role) and supervisor Clarifies the purpose of the visit and gains consent Establishes rapport, builds a connection with the client/patient and their whānau Acknowledges and involves family/support people as appropriate Maintains a logical direction/flow of the consult Demonstrates satisfactory verbal and non-verbal skills Uses understandable language Uses open and closed questions appropriately Uses active listening Uses appropriate language Maintains clear, accurate and appropriate records of the nutrition care process using standardised terminology within expected timeframes Communicates effectively with healthcare team involved in patient/client's care as appropriate	
Overall Rating for Communication	
Meets expectations	Discussion Required
Comments	

Nutrition Assessment

Collects relevant assessment data from referral, medical records and healthcare team.

Client History

- Collects and correctly interprets relevant clinical information and medications.
- Collects and correctly interprets relevant lifestyle, social, physical, cultural and environmental data.

Anthropometric measures

- Collects and correctly interprets relevant anthropometry

Biochemical data, medical tests and procedures

- Collects and correctly interprets relevant biochemistry, medical tests and procedures

Physical exam findings

- Collects and correctly interprets relevant nutrition focused physical findings

Food/nutrition-related history

- Conducts appropriate food/nutrition related history obtaining sufficient, accurate and relevant dietary information
- Analyses and interprets food and nutrient intake data

Assessment, Monitoring and Evaluation Tools

- Collects and interprets results from relevant assessment tools

Comparative standards

- Correctly estimates relevant nutrition requirements
- Refers to appropriate comparative standards for client/patient presentation and situation

Overall Rating for Nutrition Assessment

Meets expectations	No opportunity to observe	Discussion Required	Not applicable to situation
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Comments

Supervisor Observation – Clinical Dietetics

Nutrition Diagnosis

Analyses assessment data to identify nutrition diagnoses, prioritises problems, and formulates goals in collaboration with the client

Applies critical thinking principles and problem-solving techniques to dietetic practice

Develops a relevant nutrition diagnosis statement prioritising key nutrition issues

Aetiology highlights “root” cause that dietitian can resolve or target to reduce signs and symptoms

Signs and symptoms can measure and evaluate changes in re-assessment

Demonstrates evidence-based practice

Overall Rating for Nutrition Diagnosis

Meets expectations

No opportunity to observe

Discussion Required

Not applicable to situation

Comments

Nutrition Intervention

Uses evidence-based nutrition knowledge and dietetic expertise reasoning and judgement to optimise nutrition, health and well-being

Implements evidenced-based nutrition and dietetic interventions to prevent, treat and manage food and nutrition related diseases, injuries and conditions to optimise health and well-being

Able to adjust/adapt intervention accounting for patient’s preferred cultural customs, rituals, food choices, beliefs, practices, cooking methods, dietary restrictions.

Nutrition Goal

- Formulates and prioritises tailored goals
- Involves patient/client and whānau in goal setting

Nutrition Prescription

Supervisor Observation – Clinical Dietetics

- Determines appropriate nutrition prescription that addresses the nutrition diagnosis

Food and Nutrient Delivery

- Appropriate recommendation of dietary change / food first / prescription of oral nutritional support / enteral nutrition / parental nutrition
- Accesses and adapts the food service system when relevant

Nutrition Education

- Intervention demonstrates consideration of client's health and food literacy to support informed decision-making
- Provides appropriate, evidence-based education to build knowledge and skills to prevent, treat and manage food and nutrition related diseases, injuries and conditions to optimise health and well-being
- Articulates clinical reasoning for intervention and explains in appropriate language to patient/client

Nutrition Counselling

- Provides patient-centred care, working in partnership to meet patient/whānau identified goal to improve nutritional status.
- Uses appropriate counselling techniques to support change

Coordination of Nutrition Care

- Communication and collaboration with relevant members of the health care team to plan, implement, monitor, evaluate and adapt dietetic strategies

Overall Rating for Nutrition Intervention

Meets expectations	No opportunity to observe	Discussion Required	Not applicable to situation
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Comments

Supervisor Observation – Clinical Dietetics

Monitoring and Evaluation

Assesses need for follow-up with suitable timeframes
Determines appropriate parameters for review
Discussion of follow-up arrangements with client/patient
Arranges appropriate transfer of care and discharge planning

Overall Rating for Monitoring and Evaluation

Meets expectations

No opportunity to observe

Discussion Required

Not applicable to situation

Comments

Professionalism

Maintains professional manner & boundaries
Practices within scope
Seeks assistance when required
Completes consultation within expected timeframes
Able to reflect on practice identifying strengths and areas of development

Overall Rating for Professionalism

Meets expectations

Discussion Required

Comments

Supervisor Observation – Clinical Dietetics



Clinician Summary Reflection

How confident do I feel about the consultation overall?

What are the areas for potential improvement? What support/resources are required (i.e. NZ-specific resources)? How will these be accessed?

Observer Summary Reflection

Based on this observation, key strengths:

Based on this observation, areas for improvement for future consultations, resources/support that will help familiarise with practice in Aotearoa / workplace:

Supervisee's signature:

Date:

Supervisor's signature:

Date: